



7 Days Rongai Route

Rongai route begins in the northern side of Kilimanjaro Mountain, 45km from Moshi town or 69km from Arusha. This is one of Kilimanjaro easiest routes, and it has become an increasingly popular route in recent years. This route is located on the northern side of Mt. Kilimanjaro with a variety of spectacular landscapes together with different plants and animal's species. The typical duration for this trip is 6 days. However, you can also add an acclimatization day and make it 7-day climb. The Rongai route is more scenic than the Marangu route and easier than other camping route in climbing Kilimanjaro and the success rate on the Rongai route is very high. Unlike the Marangu route where you sleep in huts, on the Rongai route you sleep in tents, the porter will have your tent pitched and waiting for you at the end of each day trek.

TOUR ITINERARY

Day 0: Welcome to Tanzania

When you arrive, you will be met our driver- with a sign bearing your name, then you will drive to Gold crest / Kibo palace / Green mountain Hotel in Arusha for dinner and overnight. In the afternoon or evening your GMExpeditions Mountain Guide will meet you for a Kilimanjaro climb briefing and an equipment check

Dinner on your own, overnight at the hotel

Day 1: Arusha to Rongai Gate (Nalemoru) (2364) to Simba Camp (2671)

Drive to the attractive wooden village of Nalemoru. After signing in and preparing the porters, you will begin the hike on a wide path that winds through fields of maize and potatoes before entering pine forest. The track then starts to climb consistently but gently through attractive forest that shelters a variety of wildlife. The forest begins to thin out and the first camp is at the edge of the moorland zone with extensive views over the Kenyan plains.

Elevation: 2364m to 2671m

Distance: 7km

Hiking Time: 3-4 hours

Habitat: Montane Forest

Day 2: Simba Camp(2671m) to Second Cave (3450m)

The morning hike is a steady ascent up to the Second Cave with superb views of Kibo and the eastern ice fields on the crater rim.

Elevation: 2671m to 3450m

Distance: 8km

Walking Time: 3-4 hours

Habitat: Moorland

Day 3: Second Cave (3450) to Kikelewa Camp (3600)

Head out across the moorland on a smaller path towards the jagged peaks of Mawenzi. The campsite is in a sheltered valley with giant Senecios nearby.

Elevation: 3450m to 3600m

Distance: 9km

Walking Time: 6 hours

Habitat: Semi-desert

Day 4: Kikelewa Camp (3600) to Mawenzi Turn Hut (4315)



A short but steep climb up grassy slopes is rewarded by superb views. Leave the vegetation behind shortly before reaching the next camp at Mawenzi Turn, spectacularly situated in a cirque directly beneath the towering spires of Mawenzi. The afternoon will be free to rest or explore the surrounding area as an aid to acclimatization.

If you are spending an extra day on the mountain, you will camp for two nights here. You can hike up and around Mawenzi for your acclimatization hike.



Elevation: 3600m to 4315m

Distance: 3km

Walking Time: 2 hours

Habitat: Semi-desert

Day 5: Mawenzi Turn (4315) hut to Kibo Hut (4720)

Cross the lunar desert of the 'Saddle' between Mawenzi and Kibo to reach Kibo campsite at the bottom of the Kibo crater wall. The remainder of the day is spent resting in preparation for the final ascent very early.

Elevation: 4315m to 4720m

Distance: 9km/5mi

Hiking Time: 4-5 hours

Habitat: Alpine Desert

Day 6: Kibo Hut (4720) to Summit and Horombo Hut (3720)

Very early in the morning (midnight about 2am), commence the climb to the summit on steep and heavy scree or snow up to Gilman's Point located on the crater rim (elevation 5700m). Continuing ascend to Uhuru Peak, which is the

highest point in Africa. There are unbelievable views at every turn. Have your picture taken at the summit to show your friends and family. From here we descend, stopping for lunch and a rest at Kibo before continuing on to the Horombo encampment.

The beginning of this climb is done in the dark and requires headlamps or flashlights. It will be very cold until you start descending, so you will need all of your warm layers. This is by far the most difficult part of the trek with many switchbacks. Going slowly “pole pole” and an optimistic attitude will get you there!



Elevation: 4720m to 5895m Down to 3720m
Distance: 6km/4mi up / 15km/9mi down
Hiking Time: 6-8 hours up / 15km/9mi down
Habitat: Alpine Desert

Day 7: Horombo Hut (3720) to Marangu Gate (1879), to Arusha

After breakfast, a steady descent takes us down through moorland to the Mandara Hut. Continue descending through lush forest path to the National Park gate at Marangu. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy). Our vehicle will meet you at Marangu gate to drive you back to your Hotel in Arusha.

Elevation: 3720m to 1879m
Distance: 20km/12.5mi
Hiking Time: 4-5 hours
Habitat: Forest

Day 8: Departure Day

Our packages include departure day services. Enjoy breakfast and a morning sightseeing in the city or join us for one of our Safari Adventures. If you are returning home our driver will bring you to Kilimanjaro International Airport (JRO) to catch your flight home.

Price included:

- National park permits
- Camping / hut fees
- Rescue service
- All meals while on the mountain
- Guides and Porters wages
- Round trip airport transfers between Arusha and JRO
- Round trip transfers between Arusha and mountain gates
- Hotel stays in Arusha for pre and post trek (2 nights in total) on bed and breakfast
- Sleeping mats 2-inch form
- Private portable toilet
- Wash basins with hot water each morning and evening
- Treated drinking water 3L or more everyday

Price Exclude:

- International or Local flights
- Rental gears
- Tips for guides, porters and other staff
- Meals and drinks at the hotel in Arusha
- Travel Insurance, Visa and Medical Insurance

What Gear Do I Need to Bring?

Below is the equipment that you need to bring as your personal kit for the climb.

Technical Clothing

1 – Waterproof Jacket, breathable with hood

Footwear

1 – Hiking Boots, warm, waterproof, broken-

- 1 – Insulated Jacket, synthetic or down
- 1 – Soft Jacket, fleece or soft-shell
- 2 – Long Sleeve Shirt, light-weight, moisture-wicking fabric
- 1 – Short Sleeve Shirt, light-weight, moisture-wicking fabric
- 1 – Waterproof Pants, breathable (side-zipper recommended)
- 2 – Hiking Pants (convertible to shorts recommended)
- 1 – Fleece Pants
- 1 – Shorts (optional)
- 1 – Long Underwear (moisture-wicking fabric recommended)
- 3 – Underwear, briefs (moisture-wicking fabric recommended)
- 2 – Sport Bra (women) Headwear
- 1 – Brimmed Hat, for sun protection
- 1 – Knit Hat, for warmth
- 1 – Balaclava, for face coverage (optional)
- 1 – Bandana (optional) Hand wear
- 1 – Gloves, warm (waterproof recommended)
- 1 – Glove Liners, thin, synthetic, worn under gloves for added warmth (optional)

Other

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent, containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet Wipes (recommended)

in, with spare laces

- 1 – Gym Shoes, to wear at camp (optional)
- 3 – Socks, thick, wool or synthetic
- 3 – Sock Liners, tight, thin, synthetic, worn under socks to prevent blisters (optional)
- 1 – Gaiters, waterproof (optional)

Accessories

- 1 – Sunglasses or Goggles
- 1 – Backpack Cover, waterproof (optional)
- 1 – Poncho, during rainy season (optional)
- 1 – Water Bottle (Nalgene, 32 oz. recommended)
- 1 – Water Bladder, Camelback type (recommended)
- 1 – Towel, lightweight, quick-dry (optional)
- Stuff Sacks or Plastic Bags, various sizes, to keep gear dry and separate

Equipment

- 1 – Sleeping Bag, warm, four seasons
- 1 – Sleeping Bag Liner, for added warmth (optional)
- 1 – Trekking Poles (recommended)
- 1 – Head lamp, with extra batteries
- 1 – Duffel bag, for porters to carry your equipment
- 1 – Daypack, for you to carry your personal gear

Paperwork

- Trip Receipt
- Passport
- Visa (available at JRO)

Snacks, light-weight, high calorie, high energy (optional)
Pencil and Notebook, miniature, for trip log (optional)
Camera, with extra batteries (optional)

Immunization Papers
Insurance Documents

NOTE: If you do not have any among the gears/equipment mentioned in the list above then you can hire them from Hiring stores in Arusha-Tanzania under our assistant to avoid inapplicable higher charges.

What are the Gear that will be provided with Us?

- All tents for clients and crew on the mountain
- Mess tents
- Camping tables and chairs
- Cooking and eating gears
- Kitchen tents
- Oxygen cylinders
- Oximeters for pulse and oxygen checks
- Form mats/mattresses