## 6 Days Marangu Route

Kilimanjaro Marangu route it is known as "Coca-Cola" route or "tourist route" this is because Marangu is the most common route on the mountain and thus is considered popular touristy and because is the only route that provide sleeping huts. Marangu approaches Kilimanjaro from the southeast of the Mountain. It is the oldest established route. Many favor the Marangu route because it is considered to be the easiest route on the mountain. The minimum days required for this route is five, although the probability of successfully reaching the top in that time is a bit low. Spending an extra acclimatization day on the mountain is highly recommended, maximizing the chance of reaching to the summit. Marangu is the only route which offers sleeping huts in dormitory style accommodations.

#### **TOUR ITINERARY**

### Day 0: Welcome to Tanzania

When you arrive you will be met at the airport by our driver- with a sign bearing your name, then you will drive to Hotel in Arusha for dinner and overnight. In the afternoon or evening your Mountain Guide will meet you for a Kilimanjaro climb briefing and an equipment check

Dinner on your own, overnight at Gold crest / Kibo palace Hotel

## Day 1: Arusha to Marangu Gate (1879m) to Mandara Hut (2720m)

You will be transferred to Marangu gate from the hotel and do a registration at the gate (2-3 hours). Afterwards, you will begin trekking though the rainforest to Mandara hut. Here you will have an acclimatization opportunity of visiting Mound Crater. Dinner and overnight at Mandala hut.

**Dinner and Overnight** at: Mandara Hut (2720m).

Distance:8km.

**Hiking Time**: 3-4 hours. **Habitat**: Montana forest.

#### Day 2: Mandara Hut (2720m) to Horombo Hut (3720m)

After breakfast you will out climb the rainforest and continue trekking to Horombo hut where you will trek through rolling moorlands and get your fist clear view of towering Kilimanjaro.

Dinner and Overnight at: Horombo Hut

(3720m).

Distance: 11km.

**Hiking Time**: 5-6 hours. **Habitat**: Moorland

Day 3: Horombo Hut (3,720m) to Mawenzi Ridge/Zebra rock (4,600m) to Horombo Hut (3,720m)

Spend an extra day here at Horombo during the 6-day itinerary for acclimatization purposes. This day you



will hike to Mawenzi Ridge or Zebra Rock to have your body adjust to higher altitudes around 2 to 3 hours hiking time. After this session you will return back to Horombo hut for lunch, resting until dinner and overnight.

Dinner and Overnight at: Horombo Hut (3720m).

## Day 4: Horombo Hut (3,720) hut to Kibo Hut (4720)

You start off early to the final hut before the summit attempt. Your crew ensure that water is collected at the last water point whilst you progress slowly up onto the saddle. Here desolate alpine zone stretches out towards the base of Kibo. Progress is slow in this hypoxic (low oxygen) environment but by mid-afternoon you reach Kibo Hut to relax before the evening ascent. A relatively early dinner is

taken and then you climb into your sleeping bags for some rest before your night time departure for the summit.

Elevation: 3720m to 4720m

Distance: 9km/5mi Hiking Time: 4-5 hours Habitat: Alpine Desert

#### Day 5: Kibo Hut (4720) to Summit and Horombo Hut (3720)

Very early in the morning (midnight about 2am), commence the climb to the summit on steep and heavy scree or snow up to Gilman's Point located on the crater rim (elevation 5700m). Continuing ascend to Uhuru Peak, which is the

highest point in Africa. There are unbelievable views at every turn. Have your picture taken at the summit to show your friends and family. From here we descend, stopping for lunch and a rest at Kibo before continuing on to the Horombo encampment.

The beginning of this climb is done in the dark and requires headlamps or flashlights. It will be very cold until you start descending, so you will need all of your warm layers. This is by far the most difficult part of the trek with

CONGRATULATIONS
YOU ARE NOW AT

WHURU PENK TANZANIA. 5895M1934Ft ANSL

AFRICA'S HIGHEST POINT
WORLD'S HIGHEST FREESTANDING MOUNTAIN

ONE OF MORLUS LARGEST VOLCANDES
WORLD HERITAGE AND HOMBOR OF

many switchbacks. Going slowly "pole pole" and an optimistic attitude will get you there!

Elevation: 4720m to 5895m Down to 3720m Distance: 6km/4mi up / 15km/9mi down Hiking Time: 6-8 hours up / 15km/9mi down

**Habitat:** Alpine Desert

Day 6: Horombo Hut (3720) to Marangu Gate (1879), to Arusha

After breakfast, a steady descent takes us down through moorland to the Mandara Hut. Continue descending through lush forest path to the National Park gate at Marangu. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy). Our vehicle will meet you at Marangu gate to drive you back to your Hotel in Arusha.

Elevation: 3720m to 1879m Distance: 20km/12.5mi Hiking Time: 4-5 hours

**Habitat:** Forest

#### Day 7: Departure Day

Our packages include departure day services. Enjoy breakfast and a morning sightseeing in the city or join us for one of our Safari Adventures. If you are returning home our driver will bring you to Kilimanjaro International Airport (JRO) to catch your flight home.

#### Price included:

- National park permits
- Camping / hut fees
- Rescue service
- All meals while on the mountain
- Guides and Porters wages
- Round trip airport transfers between Arusha and JRO
- Round trip transfers between Arusha and mountain gates
- Hotel stays in Arusha for pre and post trek (2 nights in total) on bed and breakfast at Masai Land Safari Lodge
- Sleeping mats 2-inch form

#### Price Exclude:

- International or Local flights
- Rental gears
- Tips for guides, porters and other staff
- Meals and drinks at the hotel in Arusha
- Travel Insurance, Visa and Medical Insurance

- Private portable toilet
- Wash basins with hot water each morning and evening
- Treated drinking water 3L or more everyday

### What Gear Do I Need to Bring?

Below is the equipment that you need to bring as your personal kit for the climb.

### Technical Clothing

- 1 Waterproof Jacket, breathable with hood
- 1 Insulated Jacket, synthetic or down
- 1 Soft Jacket, fleece or soft-shell
- 2 Long Sleeve Shirt, light-weight, moisture-wicking fabric
- 1 Short Sleeve Shirt, light-weight, moisture-wicking fabric
- 1 Waterproof Pants, breathable (side-zipper recommended)
- 2 Hiking Pants (convertible to shorts recommended)
- 1 Fleece Pants
- 1 Shorts (optional)
- 1 Long Underwear (moisture-wicking fabric recommended)
- 3 Underwear, briefs (moisture-wicking fabric recommended)
- 2 Sport Bra (women) *Headwear*
- 1 Brimmed Hat, for sun protection
- $1-{\sf Knit}$  Hat, for warmth
- 1 Balaclava, for face coverage (optional)
- 1 Bandana (optional) Hand wear

#### **Footwear**

- 1 Hiking Boots, warm, waterproof, brokenin, with spare laces
- 1 Gym Shoes, to wear at camp (optional)
- 3 Socks, thick, wool or synthetic
- 3 Sock Liners, tight, thin, synthetic, worn under socks to prevent blisters (optional)
- 1 Gaiters, waterproof (optional)

#### Accessories

- 1 Sunglasses or Goggles
- 1 Backpack Cover, waterproof (optional)
- 1 Poncho, during rainy season (optional)
- 1 Water Bottle (Nalgene, 32 oz.

### recommended)

- 1 Water Bladder, Camelback type (recommended)
- 1 Towel, lightweight, quick-dry (optional) Stuff Sacks or Plastic Bags, various sizes, to keep gear dry and separate

### **Equipment**

1 – Sleeping Bag, warm, four seasons

- 1 Gloves, warm (waterproof recommended)
- 1 Glove Liners, thin, synthetic, worn under gloves for added warmth (optional)

#### Other

**Toiletries** 

**Prescriptions** 

Sunscreen

Lip Balm

Insect Repellent, containing DEET

First Aid Kit

Hand Sanitizer

**Toilet Paper** 

Wet Wipes (recommended)

Snacks, light-weight, high calorie, high energy (optional)

(Optional)

Pencil and Notebook, miniature, for trip log (optional)

Camera, with extra batteries (optional)

- 1 Sleeping Bag Liner, for added warmth (optional)
- 1 Trekking Poles (recommended)
- 1 Head lamp, with extra batteries
- 1 Duffel bag, for porters to carry your equipment
- 1 Daypack, for you to carry your personal gear

#### **Paperwork**

Trip Receipt

Passport

Visa (available at JRO)

**Immunization Papers** 

Insurance Documents

**NOTE:** If you do not have any among the gears/equipment mentioned in the list above then you can hire them from Hiring stores in Arusha-Tanzania under our assistant to avoid inapplicable higher charges.

## What are the Gear that will be provided with Us?

- All tents for clients and crew on the mountain
- Mess tents
- Camping tables and chairs
- Cooking and eating gears
- Kitchen tents
- Oxygen cylinders
- Oximeters for pulse and oxygen checks
- Form mats/mattresses